



Swim England South West Regional Newsletter

August 2017

Welcome to the South West Region Club Newsletter.

Issue 6

Within this you will find news and information on an array of areas relating to aquatics. We would like this newsletter to be useful and relevant to your club. If you have anything you would like in future issues please send to

Stacey.millett@swimming.org

Volunteer of the Month

Name: Terry Fullake

Club: Tiverton SC

Role: Referee and Official

Terry has been awarded South West Volunteer of the Month for his volunteering at Tiverton SC for the past 15 years.

[Click here](#) to visit the website to read more about Terry's commitment to volunteering.

Congratulations Terry and thank you!

Regional Updates

- **Date for your diaries**—Sunday 10th September, **Open Forum for Clubs** followed by **Annual ACM**, both at the Holiday Inn, Taunton. To book into the Open Forum please email Chris Vickery with your name and club.
- **Millfield Pool Closure**—due to the closure of the pool the relay gala has been moved to Plymouth and the Masters have been moved to Horfield (dates remain the same).



Swim England South West Zagreb Overseas Camp and Competition 2017

The Regional team recently returned from Zagreb after a very successful camp. The aim of the camp and competition was to educate and to expose athletes to the expectations and strategies required at international level. The swimmers were challenged around monitoring themselves, developing thoughts around race reflection and goal setting and reviewing application of pre-race and post race success.

Although the emphasis of the camp was process rather than outcome all athletes performed well with all gaining second swims in finals and attaining a total of 5 gold 5 silver and 8 bronze finishes.

[Click here](#) for a full report and more photos on the regional website.



Pool Charges and Club Fees Survey

In order to help us better advise and support clubs we are collecting data to understand the average pool hire charges and swimmer fees charges across the region. This will help us to support you with pool operator and budgeting conversations going forward.

Please can we ask every club to take 10 minutes to complete the following short survey? If we receive enough responses we will be able to let you know regional and country averages later in the year.

[Click here](#) to complete the survey.

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Swim England South West

Congratulations

Girls u/16 Water Polo Team

A special congratulations to the Regional under 16 girls Water Polo team who competed in Division 2 of the Inter Region competition held on the 8th/9th July at Liverpool. [Click here](#) for a full report on our website.

Congratulations to all and good luck in Division 1 next year!



Exeter City Head Coach Nominated for Award

Exeter Head Coach, Jo John, was nominated for the Devon Coach of the Year by the club committee. She successfully made the shortlist of the final three people in a tough category. Unfortunately Jo didn't win but a great evening was enjoyed by all.

For a full report [click here](#) to visit our website.

South West Snapshot—Welfare

To help clubs with Welfare Swim England produces a Wavepower publication which includes child safeguarding policies and procedures.

The model club constitution states:

‘The club shall recognise that the welfare if children is everyone's responsibility and all children have a right to have fun, be safe and protected from harm’.

All clubs should have someone familiar with the Wavepower document, this is usually the Club Welfare Officer.

The theme of Wavepower 2016/19 is to safeguard children and young people in line with current legislation and guidance. The responsibility to safeguard children in our clubs and related activities lies will all those involved in the sport and is not the sole responsibility of any one person at club, county or national level.

Wavepower is available to download from the Swim England website by [clicking here](#).

The Disclosure and Barring Service (previously known as the Criminal Records Bureau – CRB) enables ASA organisations to make more informed recruitment decisions for vacant positions. Any individual who wishes to work with children or adults at risk are required to undertake a Barred List check and/or Enhanced DBS Disclosure, if appropriate. Information regarding DBS Checks (e.g. who needs them and what is required for each role) can be found in the Wavepower publication, Section 2, Subsection 2.2: Training and Recruitment.



Courses and Training

IOS Website—visit the website for courses coming up in your area.

If you have a requirement for a particular course in your area please contact Stacey Millett and she will be able to advise you further.

Volunteer Training—[click here](#) to be directed to our up to date list of training opportunities.

IOS Courses—[click here](#) to be directed to our website and full list of courses.